

From Conflict to Cooperation in Adult-Child Relationships

RECOGNIZING AND CORRECTING THE MISTAKEN NOTIONS
BEHIND USELESS AND DYSFUNCTIONAL INTERACTIONS



Featuring Live Demonstrations

Friday, October 8th, 2010, 8:30 – 4:00 pm
AFI Silver Theatre and Cultural Center (AFI), Silver Spring, MD

ABOUT THE CONFERENCE

Designed for Mental Health Professionals and Parent Educators, this seminar will introduce participants to the interactive mistaken goals that lock children and adults into repetitive patterns which result in unwanted negative outcomes. Renowned for his Adlerian expertise and clinical sensitivity, Dr. Bitter will integrate theory and practice with two live demonstrations, one with an individual and one with a family. He will illuminate the ways in which dysfunctional interactions develop and how a lack of awareness almost always leads to automatic responses that are ineffective. The live demonstration and consultation format will be the heart of the conference.

JAMES ROBERT BITTER, Ed.D is a professor of Counseling at East Tennessee State University (ETSU) and practitioner of the psychology of Alfred Adler. He also worked extensively with Virginia Satir, a pioneer of family therapy in America. Dr. Bitter is the author of three books, including *Theory and Practice of Family Therapy and Counseling*, and more than fifty articles. He is past editor of the *Journal of Individual Psychology*. He is a recognized Diplomate by the North American Society of Adlerian Psychology (NASAP). Dr. Bitter is renowned for his engaging presentations on family systems and group therapy throughout North America and Europe.

LEARNING OBJECTIVES

PARTICIPANTS WILL, THROUGH LIVE DEMONSTRATIONS AND LECTURE:

- Gain a systemic understanding of self-perpetuating negative adult/child interactions.
- Learn to recognize mistaken goals in both adults and children.
- Learn ways to modify relationships to acquire and maintain cooperation and mutual respect.
- Discover new insights and gain family therapy interventions to help adults disengage from useless interactions with children.

SCHEDULE

7:45 – 8:30	Registration/Coffee
8:30 – 10:00	Introduction to mistaken goals in adults & children
10:00 – 10:15	Break
10:15 – 11:30	Demonstration: Consultation with a Parent
11:30 – 12:30	Lunch (walk to any of Silver Spring's nearby restaurants)
12:30 – 1:00	Mistaken goals in the process of family therapy
1:00 – 2:15	Demonstration: Consultation with a Family
2:15 – 2:30	Break
2:30 – 3:00	Listening for clues and gold mines
3:00 – 3:45	Conducting parent consultations
3:45 – 4:00	Wrapping up: Questions, comments, possibilities

REGISTRATION

CONFERENCE COST IS: \$105 WHICH INCLUDES 6 CEs.
TO REGISTER, GO TO THE WEBSITE, DOWNLOAD THE CONFERENCE BROCHURE AND PHONE, FAX OR MAIL TO:
MAPS/McAbee Adlerian Psychology Society, c/o PEP,
10100 Connecticut Avenue, Kensington, MD 20895

PHONE: 301-929-8824 FAX: 301-929-8834

WEBSITE: www.Adler-MAPS.com

*Requests for disability accommodations must be received by 9/26 at 301-929-8824